

## Summary of findings table

<b>Abatacept (2 and 10 mg/kg) +DMARDs/biologic versus placebo + DMARDs/biologic for rheumatoid arthritis</b>						
Patient or Population: patients with rheumatoid arthritis						
Settings: International; clinic/hospital						
Intervention: Abatacept (2 and 10 mg/kg) + DMARDs/biologic						
Comparison: Placebo +DMARDs/biologic						
Outcomes	Placebo +DMARDs/ biologic	Abatacept (2 and 10 mg/kg) +DMARDs/ biologic	Relative Effect (95% CI)	No. of Participants (Studies)	Quality of Evidence (GRADE)	Comments (95% CI)
<b>ACR 50% improvement</b> Follow-up: 12 months	<b>168 per 1000</b>	<b>371 per 1000</b> (291 to 474)	<b>RR 2.21</b> (1.73 to 2.82)	993 (3 studies)	<b>Moderate</b> <sup>1,2,3</sup>	<b>Absolute difference= 21%</b> (16% to 27%). NNT=5 (4 to 7) <sup>4</sup> Relative percent change=121% (73% to 182%).
<b>Pain</b> measured at end of study on a 100 mm visual analog scale. Scale from 0 (better) to 100 (worse). Follow-up: 12 months.	The mean pain in the control group was <b>49.24 mm</b>	The mean pain in the intervention group was <b>10.71 lower</b> (12.97 to 8.45)		1425 (1 study <sup>5</sup> )	<b>Moderate</b> <sup>2</sup>	<b>Absolute difference= -11%</b> (-13% to -8.5%). NNT=5 (4 to 6) <sup>4</sup> Relative percent change=-18% (-22% to -14%).
<b>Improvement in physical function (HAQ: greater than 0.3 increase from baseline, 0-3 scale)</b> Follow-up: 12 months	<b>393 per 1000</b>	<b>637 per 1000</b> (531 to 766)	<b>RR 1.62</b> (1.35 to 1.95)	638 (1 study <sup>6</sup> )	<b>Moderate</b> <sup>1</sup>	<b>Absolute difference= 24%</b> (16% to 32%). NNT=5 (4 to 7) <sup>4</sup> Relative percent change=62% (35% to 195%).

<b>Achievement of low disease activity state (DAS 28 less than 3.2, scale 0-10)</b> Follow-up: 12 months	<b>98 per 1000</b>	<b>424 per 1000</b> (278 to 646)	<b>RR 4.33</b> (2.84 to 6.59)	683 (1 study <sup>6</sup> )	<b>Moderate</b> <sup>1</sup>	<b>Absolute difference= 33%</b> (26% to 39%). NNT=4 (3 to 5) <sup>4</sup> Relative percent change=333% (184% to 559%).
<b>Total serious adverse events</b> Follow-up: 6 to 12 months	<b>121 per 1000</b>	<b>127 per 1000</b> (105 to 155)	<b>RR 1.05</b> (0.87 to 1.28)	3151 (6 studies)	<b>Moderate</b> <sup>1,2,3,7</sup>	<b>Absolute difference= 1%</b> (-2% to 3%). NNT=n/a <sup>4</sup> Relative percent change=5% (-14% to 29%).
<b>Long-term serious adverse events</b> Follow-up: 2 years	See comment	See comment	Not estimable	950 (2 studies <sup>9</sup> )	<b>Low</b> <sup>8</sup>	Number of patients with SAE: Genovese 2005: 103/357; 23.4 SAE/100 patient-years; 70% completed the LTE. Kremer 2006: 149/593; 16.3 SAE/100 patient-years; 90.5% completed the LTE

**CI:** Confidence interval; **RR:** Risk ratio; **NNT**=number needed to treat; **SAE**=serious adverse event

GRADE Working Group grades of evidence

**High quality:** Further research is very unlikely to change our confidence in the estimate of effect.

**Moderate quality:** Further research is likely to have an important impact on our confidence in the estimate of effect and may change the estimate.

**Low quality:** Further research is very likely to have an important impact on our confidence in the estimate of effect and is likely to change the estimate.

**Very low quality:** We are very uncertain about the estimate.

### Footnotes

<sup>1</sup> Kremer 2006: Intention to treat analysis not performed. 9 patients in abatacept group and 5 in placebo group excluded from analysis.

<sup>2</sup> Weinblatt 2006: 15 people randomized were not treated and not included in analysis

<sup>3</sup> Kremer 2003: Risk of attrition bias - less than 80% completion rate in treatment group at 12 months

<sup>4</sup> NOTE: Number needed to treat (NNT)=n/a when result is not statistically significant. NNT for dichotomous outcomes calculated using Cates NNT calculator (<http://www.nntonline.net/visualrx/>). NNT for continuous outcomes calculated using Wells Calculator (CMSG editorial office).

<sup>5</sup> Outcome based on Weinblatt 2006

<sup>6</sup> Outcome based on Kremer 2006

<sup>7</sup> Weinblatt 2007: Risk of attrition bias - less than 80% completion rate in the treatment group at 12 months

<sup>8</sup> Long-term serious adverse events based on observational data. Two RCTs had a long-term extension (LTE) phase in which people in the placebo group during the RCT switched to abatacept for the LTE.

<sup>9</sup> Based on 2 long-term extension studies (LTE) of RCTs. Participants on placebo in the RCT switched to abatacept treatment for the LTE.